



Nursery Update: Jabadao

We have introduced a new area in Nursery called the 'Movement Play Area.' We are following the Jabadao Approach. The Jabadao approach *"champions free flow Movement Play as a key learning tool. It's powerful and joyous body work, good for health, wellbeing, happiness and learning."*

Your child will have the opportunity to go in the Movement Area multiple times over the week. This area is a soft, safe zone where shoes need to be removed and only 2 children are allowed at a time.

Please ensure your child's shoes are labelled and give them opportunities to develop their independence in putting on and taking off their own shoes.

Many thanks,

Nursery Staff



Read more about Jabadao here:

<https://www.jabadao.org/early-years>